

eCare Senior Care: Delirium (Enduring Material)

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An eLearning course available on the Avera Portal

Program Goal: Delirium is an acute disorder of attention and cognition of people >65yrs of age and prevalence is estimated to be between 11-42% on medical wards. Prevalence is also high in long term care facilities. It can be a life threatening condition and can lead to complications such as malnutrition, pneumonia, pressure ulcers, weakness and decreased mobility and decreased function, falls and combative behavior, wandering and getting lost. This educational activity will review definitions, epidemiology, pathophysiology, risk factors, recognition/diagnosis, practical treatment strategies and challenges/future research.

Target Audience: Physician, Nurse, Social Work, Nursing Home Administrator

Objectives:

- 1 Recognize signs of delirium.
- 2 Differentiate delirium and dementia.
- 3 Recognize acute medical issues, pharmacological management, physical and neurological changes that increase delirium.

Outcome: 100% of learners will demonstrate knowledge of delirium by passing post-test with score of $\geq 80\%$.

For successful completion:

- View the education activity
- Pass the post-test with score of $\geq 80\%$.
- Complete the evaluation

Feedback Person for this education activity is: whitney.flanagan@avera.org

If you have questions please contact them.

Enduring material available from 6/11/2021 to 7/1/2022

This course content was reviewed on 6/11/2021

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians. Avera designates this educational activity for a maximum of **1.00** AMA PRA Category 1 Credit™ per session.

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total **1.00** contact hours can be received upon completion of this activity.

Avera Health Provider #1029 is an approved provider of continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive **1.00** continuing education clock hours for participating in this course.

Avera is an approved provider of continuing education for South Dakota through the South Dakota Board of Nursing Facility Administrators. This educational activity is approved for **1.00** hours for nursing facility administrators.

Policy on Disclosure: Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance to this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
Pamela Paulsen, RN	Committee Planning Member	Nothing to disclose
Cindy Pirrung, RN	Committee Planning Member	Nothing to disclose
Kwabena Kwakye, MD	Content Expert - Committee Member, Faculty	Nothing to disclose
Whitney Flanagan, BAN, MBA, RN-BC, Nurse	Nurse Planner	Nothing to disclose